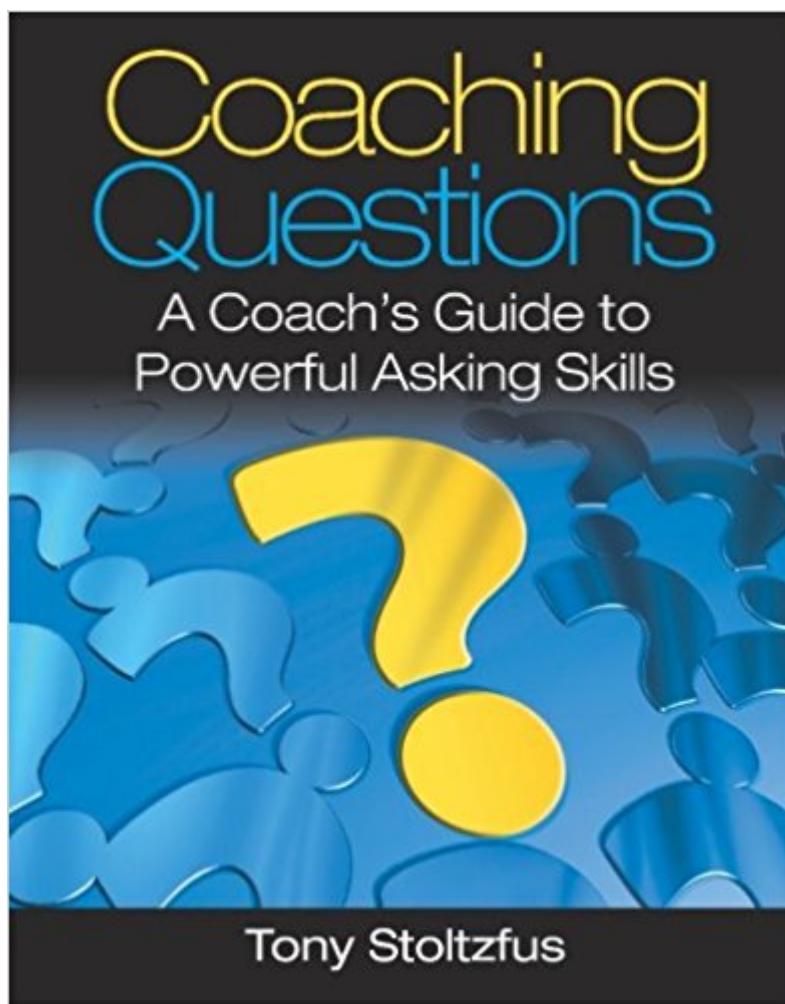


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# Coaching Questions: A Coach's Guide To Powerful Asking Skills



## **Synopsis**

The single most important skill in coaching is asking powerful questions. In this volume, master coach trainer Tony Stoltzfus joins with 12 other professional coaches to present dozens of valuable asking tools, models and exercises, then illustrates these coaching strategies with over 1,000 examples of penetrating questions. Covering the gamut from basic techniques like options and actions to advanced concepts such as challenge and reframing, *Coaching Questions* is a book that will find a home on any coach's short list of handy references. *Coaching Questions: A Coach's Guide to Powerful Asking Skills* includes: 1. Dozens of asking tools, models, and strategies. 2. The top ten asking mistakes coaches make, and how to correct each one. 3. Nearly 1200 examples of powerful questions from real coaching situations. 4. Destiny discovery tools organized in a four-part life-purpose model . 5. Overviews of 15 popular coaching niches, with a tool and examples for each. 6. A schedule of training exercises to help you become a "Master of Asking".

## **Book Information**

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## **Customer Reviews**

As Director of Training at a coaching school, new coaches were always asking me, "Do you have any of those questions you use written down somewhere?" This book is my response--an attempt to briefly present a broad range of coaching tools and illustrate each with example questions. For coaches who are in training or just starting, scanning a few key pages before your appointments will get you coaching better, faster. For experienced coaches, there are so many techniques and illustrations here that I'm sure you'll find plenty that's new.

Tony Stoltzfus is co-founder of a coach training school, author of five coaching books and numerous training programs (including a new Open Source coach training initiative), and has presented nearly 100 coach training workshops around the country. He focuses on transformational coaching with an international clientele of pastors, non-profit leaders and businesspeople. Tony serves on the board of a non-profit that brings coaching to leaders in emerging nations, and leads a relationally-based coaching network that seeks to build coaches into authentic communities and rally them to join in acts of generosity and service.

This is a great place to start for the novice coach. It also has some tool for the experienced coach. I like the format and the way the author chose to organize the book. I keep this handy whenever I am meeting a new coaching client for the first time.

I have researched many books on coaching. It is hard to find one that has a practical use. Many are more theory than practice. This book is an excellent resource for anyone in counseling or coaching. Each page focuses on a topic and has questions listed on each page to ask the client. This book is THE MOST PRACTICAL book I have in my collection. If you want a hands on book with specific questions and tools, this book is a great resource. If you want more theory then you should look elsewhere. You could pick this book up without any training, pick a topic, and ask the questions on each page.

Simple to follow, practical to use. As the book directs the reader ... it is most productively used as a reference book rather than a page-by-page read.

As a Life Coach, I find this book invaluable! Great source of questions and processes to use during sessions. The layout is simple and sensible making it a perfect reference guide to quickly find the questions you are looking for. It also works great to use for honing your skills with a peer coach. Highly recommended for any Coach or person looking for some great questions to do self-evaluation.

Excellent resource and great for beginners just learning about coaching

Fantastic book! The coaching questions suggested in the different scenarios have been extremely helpful, not only for my clients but also for my own personal use. Tony Stoltzfus has written a

comprehensive guide, especially for new coaches, that will help enable their clients to be open and move forward with the outstanding questions.

Excellent book for any people manager!

excellent

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